

# TERM TWO 2024

2<sup>nd</sup> April – 26<sup>th</sup> May

	MONDAY - 7-WEEKS from 8 <sup>th</sup> April Studio 1                      Studio 2.		TUESDAY Studio 1                      Studio 2		WEDNESDAY Studio 1                      Studio 2                      1 Pitt St			THURSDAY Studio 1                      Studio 2		FRIDAY
5.30pm	BEGINNERS 2 POLE (Jemma)	INTER 1 POLE (Liana)	BEGINNERS 2 POLE (Jemma)	BEGINNERS POLE (Mya)	BURLYROCK (Ferri) <i>Open level</i>				CASUAL OPEN POLE PRACTICE	
6.30pm	AERIAL ADVENTURES with Natty (Natty) <i>Open Advanced with pre-reqs</i>	INTER 3 POLE (Liana)	INTERMEDIATE 2 POLE (Carmen)	FLOATING THROUGH TRANSITIONS <i>Inter 4 + (Jaq)</i>	FLOOR FLOW® Level 1 (Jaq) <i>Open levels</i>	INTERMEDIATE 1 POLE (Salem)	FLOORWORK FOUNDATIONS Level 1 (Amanda)	INTERMEDIATE 3 POLE (Fiona)	INTERMEDIATE 4 POLE (Amanda)	POLE CRAFT <i>Elite Pole Private class</i>
7.30pm	BEGINNERS POLE (Mya)	LOW FLOW HEELS (Jaq) <i>Inter 3+</i>	ADVANCED 1 POLE (Carmen)	FLUIDITY <i>Pole Flow Inter 1+ (Jaq)</i>	FLOOR FLOW® Level 2 (Jaq) <i>Open level with FF experience &amp; pre-reqs</i>	BEGINNERS POLE (Salem)	FLOOR FUCKERS Level 2 (Amanda)	POLE HAND & ELBOW STANDS (Fiona) <i>Inter 1+</i>	SLUT DROP <i>Old school spin pole (Amanda) Inter 3+</i>	
8.30pm	<b>NEW!!</b> HOT SUGAR POLE DANCE (Mya) <i>Beginners &amp; New Beginners</i>	INTER 2 POLE (Liana)	NOUGHTY POLE <i>Heels choreo 2000's (Carmen) Beginners 2+</i>	BEGINNERS POLE (Mya)	SLINK & SLAY Fierce floor (Jaq) <i>Open level with pre-reqs</i>	STEEL STILETTOS <i>Rock/Metal Heels Choreo (Salem) Inter 1+</i>	FILTHY FLOOR Level 1 (Amanda) <i>Open level with pre-reqs</i>	BEGINNERS 2 (Fiona)	SLUT' OGRAPHY <i>Old school Pole (Amanda) Open level</i>	

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 BOTTOMS UP! DANCE, 3 PITT STREET, EAST BRUNSWICK 3057: [bottomsupdance.com.au/info@bottomsupdance.com.au](http://bottomsupdance.com.au/info@bottomsupdance.com.au)  
 FB: Bottoms Up Burlesque & Pole School / Insta: @bottomsupdance

	SATURDAY	
	Studio 1	Studio 2
10am	<b>CASUAL</b> FULL BODY STRETCH (Aleisha/ThemmeFatale)	DYNAMIC HEELS FLOW (Natty) <i>Inter 1+</i>
11am	<b>CASUAL</b> CASUAL BURLESQUE (Justine)	<b>CASUAL</b> POLE' OGRAPHY 1 <i>Beginners</i>
12noon	<b>CASUAL</b> CHAIR'OGRAPHY (Justine) <i>Open level</i>	<b>CASUAL</b> SPIN POLE' OGRAPHY 2 <i>Beginners 2+</i>
1pm	CHAIR TRICKERY (Justine) <i>Open level</i>	<b>CASUAL</b> OPEN POLE PRACTICE

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# TERM TWO CASUALS

2<sup>nd</sup> April – 26<sup>th</sup> May

	THURSDAY Studio 2	SATUIRDAY Studio 1	SATURDAY Studio 2
10am		FULL BODY STRETCH (Themme Fatale/Aleisha)	
11am		CASUAL BURLESQUE (Justine)	POLE'OGRAPHY 1 <i>Beginners</i> (Mya)
12noon		CHAIR'OGRAPHY (Justine)	SPIN POLE'OGRAPHY 2 <i>Beginners 2+</i> (Mya)
1pm			OPEN POLE PRACTISE
5.30pm	OPEN POLE PRACTISE		
8.30pm			

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