

# TERM THREE 2024

27<sup>th</sup> May – 21<sup>st</sup> July

	MONDAY -		TUESDAY		WEDNESDAY			THURSDAY		FRIDAY
	Studio 1	Studio 2.	Studio 1	Studio 2	Studio 1	Studio 2	1 Pitt St	Studio 1	Studio 2	
5.30pm	BEGINNERS 2 POLE (Salem)	INTER 1 POLE (Liana)	CASUAL OPEN POLE PRACTICE	BEGINNERS 2 POLE (Mya)	BURLYROCK (Ferri) <i>Open level</i>				CASUAL OPEN POLE PRACTICE	
6.30pm	INTER 3 POLE (Liana)	AERIAL ADVENTURES with Natty (Natty) <i>Open Advanced with pre-reqs</i>	INTERMEDIATE 2 POLE (Carmen)	FLOATING THROUGH TRANSITIONS Inter 4+ (Susie)	SLOW, SENSUAL & SLUTTY (Kitty) <i>Open levels</i>	INTERMEDIATE 1 POLE (Salem)	FLOORWORK FOUNDATIONS Level 1 (Amanda)	INTERMEDIATE 3 POLE (Fiona)	INTERMEDIATE 4 POLE (Amanda)	POLE CRAFT <i>Elite Pole Private class</i>
7.30pm	BEGINNERS POLE (Mya)	BASEWORK with Natty (Natty) <i>Inter 3+ 7-wks -----</i>  LOW FLOW HEELS (Jaq) <i>Inter 3+ 15<sup>th</sup> July</i>	ADVANCED 1 POLE (Carmen)	BEGINNERS POLE (Mya)	29 <sup>th</sup> May-19 <sup>th</sup> June FEEL THE FLOOR Barefoot flow (Annie) <i>Open level 4-wks -----</i>  26 <sup>th</sup> June-17 <sup>th</sup> July CONTEMPORARY DANCE with St.Eve <i>Open level 4-wks</i>	BEGINNERS POLE (Salem)	FLOOR FUCKERS Level 2 (Amanda)	CASUAL POLE CONDITIONING (Fiona)	SLUT DROP <i>Old school spin pole (Amanda) Inter 3+</i>	
8.30pm	HOT SUGAR POLE DANCE (Mya) <i>Beginners &amp; New Beginners</i>	INTER 2 POLE (Liana)	CASUAL OPEN POLE PRACTICE	NOUGHTY POLE <i>Heels choreo 2000's (Carmen) Beginners 2+</i>	29 <sup>th</sup> May-19 <sup>th</sup> June UNHOLY HEELS Fierce floor (Annie) <i>Open level 4-wks -----</i>	29 <sup>th</sup> May-3 <sup>rd</sup> July STEEL STILETTOS <i>Rock/Metal Heels (Salem) Inter 1+ 6-wks</i>	FILTHY FLOOR Level 1 (Amanda) <i>Open level with pre-reqs</i>	BEGINNERS 2 (Fiona)	SLUT' OGRAPHY <i>Old school Pole (Amanda) Open level</i>	

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 BOTTOMS UP! DANCE, 3 PITT STREET, EAST BRUNSWICK 3057: [bottomsupdance.com.au/info@bottomsupdance.com.au](http://bottomsupdance.com.au/info@bottomsupdance.com.au)  
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8.30pm					<b>26<sup>th</sup> June-17<sup>th</sup> July</b> <b>COMMERCIAL HEELS</b> <b>with St.Eve</b> <i>Open level</i> <b>4-wks</b>	<b>10<sup>th</sup> &amp; 17<sup>th</sup> July</b> <b>FANCY FEET</b> <b>Edgework Intensive</b> (Jaq) <i>Open level with Heels experience</i> <b>2-wks</b>				
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	SATURDAY	
	Studio 1	Studio 2
10am	<b>CASUAL</b> <b>FULL BODY STRETCH</b> <i>(Aleisha/ThemmeFatale)</i>	<b>DYNAMIC HEELS FLOW</b> (Natty) <i>Inter 1+</i>
11am	<b>CASUAL</b> <b>CASUAL BURLESQUE</b> (Justine)	<b>CASUAL</b> <b>POLE' OGRAPHY 1</b> <i>Beginners</i>
12noon	<b>CASUAL</b> <b>CHAIR'OGRAPHY</b> (Justine) <i>Open level</i>	<b>CASUAL</b> <b>SPIN POLE' OGRAPHY 2</b> <i>Beginners 2+</i>
1pm	<b>CHAIR TRICKERY</b> (Justine) <i>Open level</i>	<b>CASUAL</b> <b>OPEN POLE PRACTICE</b>

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# TERM THREE CASUALS

27<sup>th</sup> May – 21<sup>st</sup> July

	TUESDAY Studio 2	THURSDAY Studio 2	SATURDAY Studio 1	SATURDAY Studio 2
10am			FULL BODY STRETCH (Themme Fatale/Aleisha)	
11am			CASUAL BURLESQUE (Justine)	POLE'OGRAPHY 1 <i>Beginners</i> (Mya)
12noon			CHAIR'OGRAPHY (Justine)	SPIN POLE'OGRAPHY 2 <i>Beginners 2+</i> (Mya)
1pm				OPEN POLE PRACTISE
5.30pm	OPEN POLE PRACTISE	OPEN POLE PRACTISE		
7.30pm		POLE CONDITIONING (Fiona)		
8.30pm	OPEN POLE PRACTISE			

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