

'LIFE AFTER LOCKDOWN' ONLINE ONLY TIMETABLE

9th NOVEMBER – 17th DECEMBER

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---|-----------------------------|-----------|-----------------------------|--------|
| | <p>All ONLINE CLASSES \$10 per session</p> <p>Enrol via website ZOOM link sent in your confirmation email</p> <p>Online classes are designed for small spaces, all skill levels, all ages, all genres. They are for absolutely everybody!!</p> <p><i>* online classes will not be recorded, therefore you need to attend the live class.</i></p> | | | | |
| 6pm | | | | BURLEXERCISE (Justine) | |
| 6.30pm | FULL BODY STRETCH (Aleisha) | | | | |
| 7.15pm | | BOOTY BARRE BURN (Fiona) | | CHAIR 'OGRAPHY (Justine) | |
| 7.15pm | BURLYROCK (Ferri) | | | | |

