

TERM FIVE 2024

16th September – 10th November

Please note new times for some classes

	MONDAY -		TUESDAY		WEDNESDAY			THURSDAY		FRIDAY
	Studio 1	Studio 2.	Studio 1	Studio 2	Studio 1	Studio 2	1 Pitt St	Studio 1	Studio 2	
5pm	BEGINNERS 2 POLE (Susie)	INTER 1 POLE (Liana)	CASUAL OPEN POLE PRACTICE							
5.30pm				BEGINNERS 2 POLE (Mya)	BURLYROCK (Ferri) <i>Open level</i> <i>*show*</i>	BEGINNERS POLE (Amanda)			CASUAL OPEN POLE PRACTICE	
6pm	INTER 3 POLE (Liana)	AERIAL ADVENTURES with Natty <i>Open Advanced with pre-reqs 7-weeks</i>	FLOATING THROUGH TRANSITIONS <i>Inter 4 + (Jaq)</i>				SLOW, SENSUAL & SLUTTY (Kitty) <i>Open levels</i> <i>*show*</i>	SLUT' OGRAPHY <i>Old school Pole (Amanda) Open level</i>		
6.30pm				INTER 2 POLE (Carmen)	FLOOR FLOW® Level 1 (Jaq) <i>Open levels 7-weeks</i>	INTER1 POLE (Salem)			INTER 4 POLE (Susie)	POLE CRAFT <i>Elite Pole Private class</i>
7pm	BEGINNERS POLE (Mya)	INTER 2 POLE (Liana)	FLUIDITY Pole Flow (Jaq) <i>Inter 1+</i> <i>*show* 90mins</i>				FLOOR FUCKERS Level 2 (Amanda) <i>*show* 90mins</i>	SLUT DROP <i>Old school spin pole (Amanda) Inter 3+</i> <i>*show* 90mins</i>		
7.30pm				ADVANCED 1 POLE (Carmen)	FLOOR FLOW® Level 2 (Jaq) <i>FF experience reqd</i>	BEGINNERS POLE (Salem)			BEGINNERS 2 POLE (Fiona)	

BOTTOMS UP! DANCE, 3 PITT STREET, EAST BRUNSWICK 3057: bottomsupdance.com.au/info@bottomsupdance.com.au
 FB: Bottoms Up Burlesque & Pole School / Insta: @bottomsupdance

					<i>*show*</i>					
8pm	HOT SUGAR POLE DANCE (Mya) <i>Beginners & New Beginners</i> <i>*show*</i>	LOW FLOW HEELS (Jaq) <i>Inter 3+</i> <i>*show*</i> 90mins								
8.30pm			NOUGHTY POLE <i>Heels choreo 2000's</i> (Carmen) <i>Beginners 2+</i> <i>*show*</i>	BEGINNERS POLE (Mya)	SLINK & SLAY <i>Fierce floor</i> (Jaq) <i>Open level with pre-reqs</i> <i>*show*</i>	STEEL STILETTOS <i>Rock /Metal heels</i> (Salem) <i>Inter 1+</i> <i>*show*</i>	FILTHY FLOOR Level 1 (Amanda) <i>Open level with pre-reqs</i>	INTER 3 POLE (Fiona)	SLUT' OGRAPHY <i>Old school Pole</i> (Amanda) <i>Open level</i>	

	SATURDAY	
	Studio 1	Studio 2
10am	CASUAL FULL BODY STRETCH (Aleisha)	DYNAMIC HEELS FLOW (Natty) <i>Inter 1+</i> <i>*show*</i>
11am	CASUAL CASUAL BURLESQUE (Justine)	CASUAL POLE' OGRAPHY 1 <i>Beginners</i>
12noon	NEW! CONTEMPORARY (Saint) <i>Open level</i>	CASUAL SPIN POLE' OGRAPHY 2 <i>Beginners 2+</i>
1pm	NEW! COMMERCIAL HEELS (Saint) <i>Open level</i> <i>*show*</i>	CASUAL OPEN POLE PRACTICE

BOTTOMS UP! DANCE, 3 PITT STREET, EAST BRUNSWICK 3057: bottomsupdance.com.au/info@bottomsupdance.com.au
FB: Bottoms Up Burlesque & Pole School / Insta: @bottomsupdance

TERM FIVE CASUAL CLASSES

16th September – 10th November

Please note new times for some Casuals

	TUESDAY Studio 1	THURSDAY Studio 1	SATURDAY Studio 1	SATURDAY Studio 2
10am			FULL BODY STRETCH (Aleisha)	
11am			CASUAL BURLESQUE (Justine)	POLE'OGRAPHY 1 <i>Beginners</i> (Mya)
12noon				SPIN POLE'OGRAPHY 2 <i>Beginners 2+</i> (Mya)
1pm				OPEN POLE PRACTISE
5pm	OPEN POLE PRACTISE			
5.30pm	OPEN POLE PRACTISE	OPEN POLE PRACTISE		

TERM FIVE 2024

16th September – 10th November

NON SHOW CLASSES

	MONDAY -		TUESDAY		WEDNESDAY			THURSDAY		FRIDAY
	Studio 1	Studio 2.	Studio 1	Studio 2	Studio 1	Studio 2	1 Pitt St	Studio 1	Studio 2	
5pm	BEGINNERS 2 POLE (Susie)	INTER 1 POLE (Liana)	CASUAL OPEN POLE PRACTICE							
5.30pm				BEGINNERS 2 POLE (Mya)		BEGINNERS POLE (Amanda)			CASUAL OPEN POLE PRACTICE	
6pm	INTER 3 POLE (Liana)	AERIAL ADVENTURES with Natty <i>Open Advanced with pre-reqs 7-weeks</i>	FLOATING THROUGH TRANSITIONS <i>Inter 4 + (Jaq)</i>					NEW!! SLUT' OGRAPHY <i>Old school Pole (Amanda) Open level</i>		
6.30pm				INTER 2 POLE (Carmen)	FLOOR FLOW® Level 1 (Jaq) <i>Open levels 7-weeks</i>	INTER1 POLE (Salem)			INTER 4 POLE (Susie)	POLE CRAFT <i>Elite Pole Private class</i>
7pm	BEGINNERS POLE (Mya)	INTER 2 POLE (Liana)								
7.30pm				ADVANCED 1 POLE (Carmen)		BEGINNERS POLE (Salem)			BEGINNERS 2 POLE (Fiona)	
8.30pm				BEGINNERS POLE (Mya)			FILTHY FLOOR Level 1 (Amanda) <i>Open level with pre-reqs</i>	INTER 3 POLE (Fiona)	SLUT' OGRAPHY <i>Old school Pole (Amanda) Open level</i>	

BOTTOMS UP! DANCE, 3 PITT STREET, EAST BRUNSWICK 3057: bottomsupdance.com.au/info@bottomsupdance.com.au
 FB: Bottoms Up Burlesque & Pole School / Insta: @bottomsupdance

	SATURDAY	
	Studio 1	Studio 2
10am	CASUAL FULL BODY STRETCH (Aleisha)	
11am	CASUAL CASUAL BURLESQUE (Justine)	CASUAL POLE' OGRAPHY 1 <i>Beginners</i>
12noon	NEW! CONTEMPORARY (Saint) <i>Open level</i>	CASUAL SPIN POLE' OGRAPHY 2 <i>Beginners 2+</i>
1pm		CASUAL OPEN POLE PRACTICE

 BOTTOMS UP! DANCE, 3 PITT STREET, EAST BRUNSWICK 3057: bottomsupdance.com.au/info@bottomsupdance.com.au
 FB: Bottoms Up Burlesque & Pole School / Insta: @bottomsupdance

TERM FIVE 2024

16th September – 10th November

'UNDERGROUND' SHOW CLASSES

	MONDAY -		TUESDAY		WEDNESDAY			THURSDAY		FRIDAY
	Studio 1	Studio 2.	Studio 1	Studio 2	Studio 1	Studio 2	1 Pitt St	Studio 1	Studio 2	
5.30pm					BURLYROCK (Ferri)					
6pm							SLOW, SENSUAL & SLUTTY (Kitty)			
6.30pm										POLE CRAFT <i>Elite Pole</i> Private class
7pm			FLUIDITY Pole Flow (Jaq) <i>90mins</i>				FLOOR FUCKERS (Amanda) <i>90mins</i>	SLUT DROP (Amanda) <i>90mins</i>		
7.30pm					FLOOR FLOW® Level 2 (Jaq)					
8pm	HOT SUGAR POLE DANCE (Mya)	LOW FLOW HEELS (Jaq) <i>90mins</i>								
8.30pm			NOUGHTY POLE (Carmen)		SLINK & SLAY (Jaq)	STEEL STILETTOS (Salem)				

BOTTOMS UP! DANCE, 3 PITT STREET, EAST BRUNSWICK 3057: bottomsupdance.com.au/info@bottomsupdance.com.au
 FB: Bottoms Up Burlesque & Pole School / Insta: @bottomsupdance

SATURDAY		
	Studio 1	Studio 2
10am		DYNAMIC HEELS FLOW (Natty)
1pm	COMMERCIAL HEELS (Saint)	

Important dates to note for show:

Sat 9th November – full tech run IN STUDIO

Sat 30th November – show day! (full tech at venue from 1pm)

Venue: **INDUSTRIQUE**, 5-7 Lovain St, Coburg North (this is a brand new venue for us!)

Full Attendance for show classes throughout Term 5 is imperative!