

TERM TWO 2025

24th March – 18th May

(no classes over Easter weekend 18th – 21st April)

END OF TERM SHOW DATES: POLE Sat 17th May / FLOOR Sun 18th May

	MONDAY 7-weeks		TUESDAY		WEDNESDAY			THURSDAY		FRIDAY
	Studio 1	Studio 2.	Studio 1	Studio 2	Studio 1	Studio 2	1 Pitt St	Studio 1	Studio 2	
4.30pm			CASUAL OPEN POLE PRACTICE						CASUAL OPEN POLE PRACTICE	
5pm		INTER 1 POLE (Liana)								
5.30pm			CASUAL OPEN POLE PRACTICE	BEGINNERS 2 POLE (Mya)	BURLYROCK (Ferri) <i>Open level 7-weeks</i>				CASUAL OPEN POLE PRACTICE	
6pm	INTER 3 POLE (Liana)	AERIAL ADVENTURES with Natty <i>Open Advanced with pre-reqs</i>					NEW COURSE! FILTHY FLOOR Intermediate (Amanda) <i>Pre-reqs required</i>		BEGINNERS POLE (Amanda)	
6.30pm			FLOATING THROUGH TRANSITIONS (Jaq) <i>Inter 4 +</i>	BEGINNERS POLE (Carmen)	CHAIR TRICKERY (Justine) <i>Open level</i>	INTER 1 POLE (Susie)		INTER 4 POLE (Susie)		POLE CRAFT <i>Elite Pole Private class</i>
7pm	BEGINNERS POLE (Mya)	LOW FLOW HEELS (Jaq) <i>Inter 3+</i>					FLOOR FUCKERS (Amanda) 90mins CLOSED COURSE		SLUT DROP <i>Old school spin (Amanda) Inter 3+ 90mins</i> CLOSED COURSE	

BOTTOMS UP! DANCE, 3 PITT STREET, EAST BRUNSWICK 3057: bottomsupdance.com.au/info@bottomsupdance.com.au

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7.30pm			ADVANCED 1 POLE (Carmen)	FLUIDITY Pole Flow (Jaq) <i>Inter 1+</i>	FLOOR FLOW® (Jaq) <i>Open levels</i> 75min class	INTER 2 POLE (Susie)		BEGINNERS 2 POLE (Fiona) <i>Inter 1+</i>		
8pm	INTER 2 POLE (Liana)	LOW FLOW HEELS PRO (Jaq) 90mins CLOSED COURSE								
8.30pm			BEGINNERS POLE (Mya)	NOUGHTY POLE <i>Heels choreo</i> 2000's (Carmen) <i>Beginners 2+</i>	8.45pm SLINK & SLAY Fierce floor (Jaq) <i>Open level with pre-reqs</i>	STEEL STILETTOS Rock /Metal heels (Salem) <i>Inter 1+</i> 7-weeks	FILTHY FLOOR (Amanda) <i>Open level with pre-reqs</i> "FLEXI CLASS"	INTER 3 POLE (Fiona)	SLUT' OGRAPHY <i>Old school Pole</i> <i>Open level</i> "FLEXI CLASS"	

	SATURDAY			SUNDAY	
	Studio 1	Studio 2		Studio 2	
10am		DYNAMIC HEELS FLOW (Natty) <i>Inter 1+</i>		10am	INTER 4 POLE (Liana)
11am	CASUAL FULL BODY STRETCH (Aleisha)	NEW COURSE! SHOW' OGRAPHY 1 (Mya)		11am	INTER 3 POLE (Liana)
12noon	NEW COURSE! COMMERCIAL HEELS (Saint) <i>Open level</i> <i>4-weeks</i> 28 April – 17 May	CASUAL POLE' OGRAPHY <i>Beginners +</i>			
1pm	NEW COURSE! 1.15pm CONTEMPORARY DANCE (Saint) <i>4-weeks</i> 28 April – 17 May	CASUAL SPIN POLE' OGRAPHY 2 <i>Beginners 2+</i>			
2pm		CASUAL OPEN POLE PRACTICE			

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